

The Friends of the Guilford Free Library present...

Navigating the Medical Maze

Have you or a loved one ever been lost in the medical system? Guilford resident Donna Criscenzo, MD will help you prepare a Personal Medical File, organizing all your medical information in one portable, expandable binder. Dr. Criscenzo has worked for thirty years in emergency and primary care medicine. Her experience can make *your* experience better. This is a two-part program — please plan to attend on both nights.



Thursdays, July 16 and 23, 2009
7:00 pm
Guilford Free Library

**Register by phone (453-8282) or online
at www.guilfordfreelibrary.org
Come alone or bring a family member to help you**